

# Session 19 - Spin-Up and Spin-Down

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Session 19 - Spin-Up and Spin-Down of Classical Fluids, Cyclone-Anticyclone Asymmetry, Inertial Modes and Anisotropic Energy Transfers in Classical Rotating Turbulence

**Thursday, May 5th, 9:30am**

**Chair: Paul Walmsley**

**Session Leader: Frederic Moisy**

*[Frederic Moisy Talk](#)*